

AGENDA

INTERNATIONAL CONFERENCE

Wellbeing: Lifespan Perspectives & Practices for Sustainable Communities

JANUARY 18 & 19, 2019

Friday, January 18, 2019	
9.00 am – 10.00 am	REGISTRATION
10.00 am – 11.00 am	INAUGURATION
11.00 am – 11.30 am	KEY NOTE ADDRESS Dr B J Prashantham, Director, Institute for Human Relations and Psychotherapy, Christian Counselling Centre, Vellore, India
11.30 am to 12.00 noon	TEA BREAK
12.00 noon – 12.30 pm	Wellbeing & Lifespan Perspectives Dr Leon Tan Arts Educator & Wellness Consultant, New Zealand
12.30 pm – 2.00 pm	PAPER PRESENTATIONS
2.00 pm – 3.00 pm	LUNCH
3.00 pm – 4.00 pm	Panel Discussion: Wellbeing & Lifespan Perspectives Dr H R Phookun, Consultant Psychiatrist, Guwahati Dr. Diptarup Chowdhury, Assistant Professor, Clinical Psychology, LGBRIMH, Tezpur. Mr Manna Biswas, Child Protection Specialist, UNICEF, Guwahati Dr Rahul Shidaye, Psychiatrist, PHFI, Pune Dr Kalpana Sarathy, Dean, School of Social Work, TISS, Guwahati
4.00 pm – 5.00 pm	PAPER PRESENTATIONS
5.00 pm – 5.30 pm	Self-Exploration & Empowerment Dr Abhishek Shankar MD, Dept. of Preventive Oncology; Dr B R Ambedkar Institute Rotary Cancer Hospital Dr Aftab Ali Ahmed, Director, Bahar Care Foundation, Guwahati
5.30 pm – 6.30 pm	Project Launch <i>'The Big Picture' – GCRF New Social and Cultural Insights into Mental, Neurological and Substance Use Disorders in Developing Countries</i> Good Practices of Wellbeing Dr Anna Madill, HOD, Dept. of Psychology, University of Leeds, UK
6.30 pm – 7.00 pm	TEA BREAK
7.00 pm – 8.00 pm	CULTURAL PROGRAMME
8.00 pm – 9.00 pm	DINNER

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Saturday, January 19, 2019	
9.00 am – 10.30 am	PAPER PRESENTATIONS
10.30 am – 11.00 am	TEA BREAK
11.00 am – 11.30 am	Resilience in the Face of Adversity: 'Antifragility' as a Source of Post-Traumatic Growth Dr Tonmoy Sharma Consultant Psychiatrist, USA
11.30 am – 12.30 pm	PAPER PRESENTATIONS
12.30 pm – 1.00 pm	Interactive Role Play in Elderly Care Dr Neelakshi Mahanta, Associate Professor of Medicine & Head of Dept of Medical Oncology, State Cancer Institute, GMCH Dr Yogiraj Das; Consultant, Dr Yogi's Senior Citizen Care Center
1.00 pm – 2.00 pm	LUNCH
2.00 pm – 3.00 pm	Panel Discussion: Good Practices of Wellbeing Mr Y S Raju HOD, Dept. of Geriatric Care, NIMS, Hyderabad Dr Chandrashekhar Tekal, Ayurvedic Practitioner, Bengaluru Dr Sanghamitra Borah, Consultant Palliative Oncology, NECRI, Guwahati Dr Ajanta Goswami, Child Psychiatrist & Community Mental Health, USA
3.00 pm – 4.30 pm	PAPER PRESENTATIONS
4.30 pm – 5.00 pm	SDG & Sustainable Community Dr Sam Manickam Clinical Psychologist, Trivandrum, India
5.00 pm – 6.00 pm	Panel Discussion: Resilient & Sustainable communities Dr Leon Tan, Arts Educator & Wellness Consultant, New Zealand Dr Madhurja Bezbarua, HOD, Dept. of Economics, GU, Assam Dr Mriganka Madhukailya, Director, Periphery Ms Krishna Sarma; Founder, Corporate Law Group, New Delhi Mr Subimal Bhattacharjee, Consultant, Defence, Cyber Security and Policy Issues, New Delhi Mr Akhu Chingangbam, Founder, A Native Tongue called Peace, Musician, Manipur
6.00 pm – 7.00 pm	Valedictory Session and Tea